

# Cool Tool of The Week

## Bathroom skills-privacy

*Expectation:* Be Respectful

*Purpose of the lesson? Why it is important:*

- 1.To teach that privacy demonstrates respect of self and respect of others.
- 2.When we respect others and ourselves we can take pride in ourselves.

*Teaching Examples:* *The following presents situations that your child might find himself in. Use these examples to discuss with your child how to make good decisions regarding privacy.*

- One of your children was waiting for another one of your children (or another person) to finish using the bathroom. Your child told the other person that he/she needed something in the bathroom but the other person was not yet coming out. Your child was becoming frustrated and louder. Discuss with your child the meaning of the word privacy. Talk about how in this situation the person in the bathroom probably needed privacy. Discuss how the other person might have felt listening to your child outside the bathroom. How would your child have felt if he/she was the one in the bathroom? Discuss the difference between wanting to use the bathroom and having to use the bathroom.
- Your child needed to use the bathroom at a friend's house. Your child's friend was already in the bathroom but your child went in anyway. Your child's friend looked at your child and yelled at him/her to wait outside of the door. Talk with your child about how to prevent embarrassing situations. Discuss why it is important to knock on a door before entering a room (sometimes a door can be unlocked but the person inside still wants privacy).
- Your child was using a bathroom stall in a movie theatre but the door was not properly shut. The door began to open but your child was in a hurry and chose not to close it. Talk to your child about why it is important to take a little time to make sure he/she has privacy.

*Kid Activities/Role Plays:*

- 1.Discuss ways in which family members can show that they respect each other's privacy.
- 2.Discuss the relationship between privacy and respecting yourself.

*Follow-up/Reinforcement Activities:*

- 1.Praise your child for respecting the privacy of others and /or themselves.
- 2.If necessary remind your child of expectations before using he/she uses the bathroom.